# Threat Assessment: Scholars, Operators, Our Past, Our Future

J. Reid Meloy, Ph.D., ABPP 25<sup>th</sup> Annual Threat Management Conference Disneyland

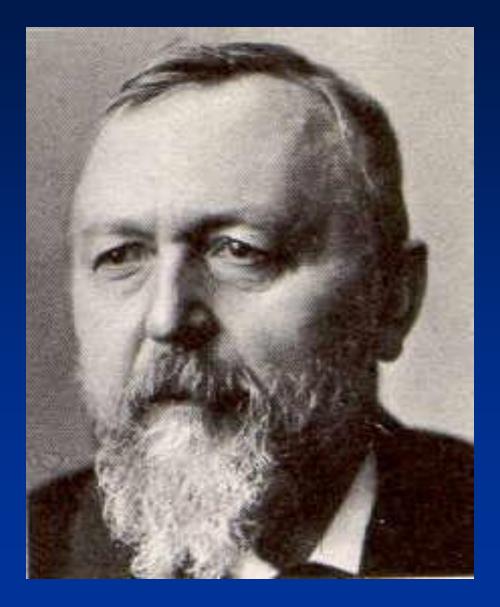
August 11, 2015

#### Sherlock Holmes

- "I think you know me well enough, Watson, to understand that I am by no means a nervous man. At the same time it is stupidity rather than courage to refuse to recognize danger when it is close upon you."
  - The Final Problem, December, 1893



# Richard von Krafft-Ebing



# Hugo Munsterberg



# What have we learned in the field of threat assessment?

• What are the BIGIDEAS (some researched, some not) in threat assessment?

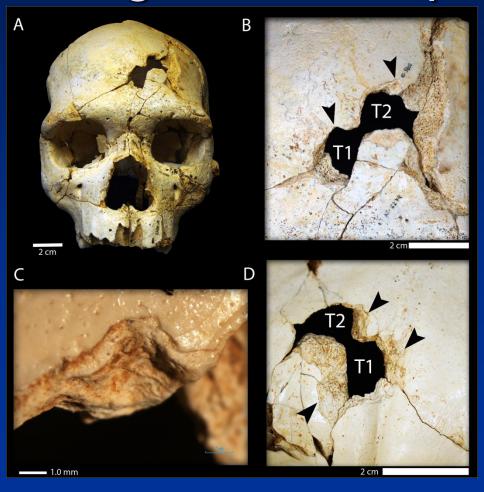
#### Violence is not homogeneous

- Affective (emotional, reactive, defensive)
- Predatory (instrumental, targeted, offensive)





# Sala et al., PLOS One, May 27, 2015: Lethal Violence 430,000 years ago in north Spain



#### **Threat Assessment**

- We primarily focus upon predatory (instrumental, targeted, offensive) violence
- But also concern ourselves with less violent acts of intentional aggression, such as harassment, bullying, intimidation, boundary violations, etc.

- There is often a pathway to violence, but it varies in:
  - Speed
  - Duration
  - Vector or direction
  - Location at any point in time

- Threat assessment is different from, and similar to, violence risk assessment
  - It is dynamic
  - It is operational
  - It is often urgent
  - Both focus upon management of the threat

 Threat assessment and threat management are dynamically related; when you do one, you do the other.



 Static factors may help predict long term risk of violence, but dynamic factors work best in the short term management of threats

- Structured professional judgment is superior to unstructured professional judgment to assess risk
  - Ipsi Dixit—"he himself said it"
  - "I am the doctor..."





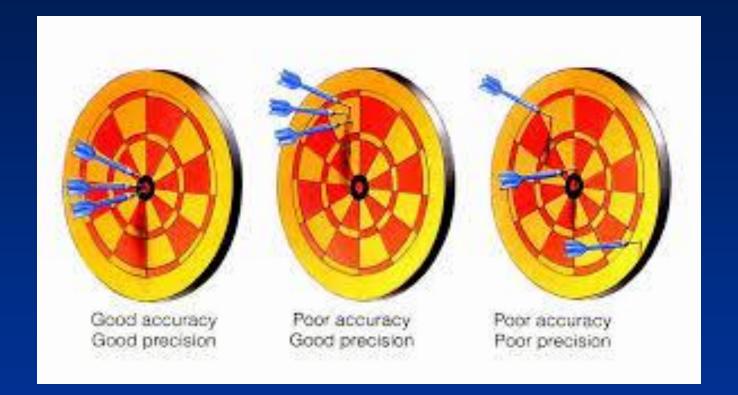
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- We select our SPJ instrument based upon:
  - Outcome we want to measure
  - Goodness of fit between our subject and the validation sample(s)
  - Our training in the instrument
  - The scientific foundation of the instrument

## The map is not the territory

#### Words of Wisdom

- Precision can be the enemy of accuracy
  - Because we can be more precise, we desire to do so; but it forces others to also be more precise, and therefore often inaccurate



#### For the consultants.....

- Follow the rules, but think outside the box.
  - Kris Mohandie

#### Your work is their reputation

Steve White

Good work speaks for itself

Monitor your own narcissism

# "I am very, very rich!!!!"



# "One day, I do want to run for Prime Minister..."



#### Eleanor Roosevelt:

 "You wouldn't worry so much about what others think of you if you realized how seldom they do."

- There are two rules for success:
  - 1. Never reveal everything you know

 Our recognition of patterns is an evolved skill that helps us survive threats

 Is it friend or foe? The amygdala reacts faster, the pre-frontal cortex is more accurate, but slower; the high road vs. the low road.

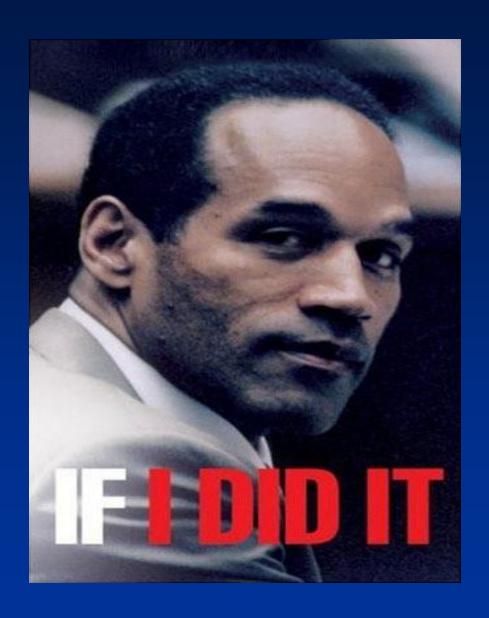
# Gestalt Psychology

Hw cn I rd ths wrds wtht ny vwls?

### Stalking

- Understanding stalking, and work in this area of criminality, has contributed much to threat assessment
- Stalking is an old behavior, but a new crime

The most dangerous stalkers are prior sexual intimates of the victim



Most public figure stalkers are psychotic.

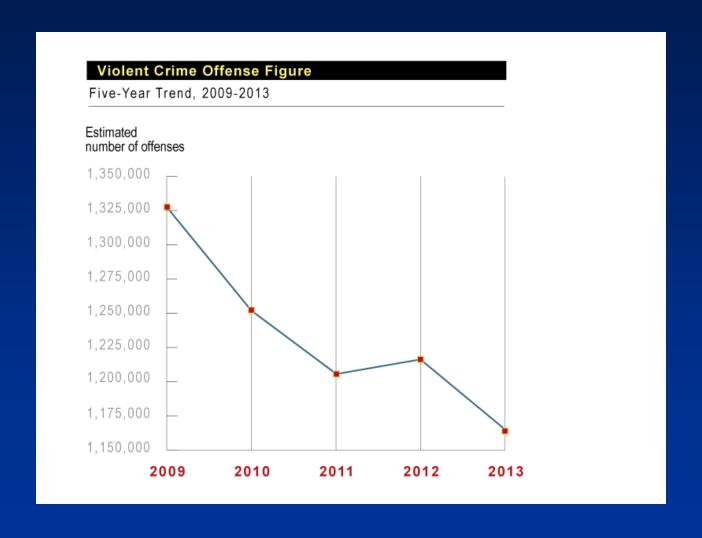
•>80%



#### Criminal Violence

 Criminal violence is decreasing throughout the United States, but mass murder is on the rise

## FBI Uniform Crime Report 2013



# FBI Active Shooter Study 2014

- "An individual(s) killing or attempting to kill people in a populated area."
- 11.4 incidents annually (N=160)
- 6.4 2000-2006
- 16.4 2007-2013
- 150% increase
- Consistent with Harvard public health study

#### **Terrorism**

- We face threats from the extremes
  - Secular
  - Religious
  - Single Issue
  - Bizarre (usually psychotic)

# The Violent True Believer as

Lone Wolf?









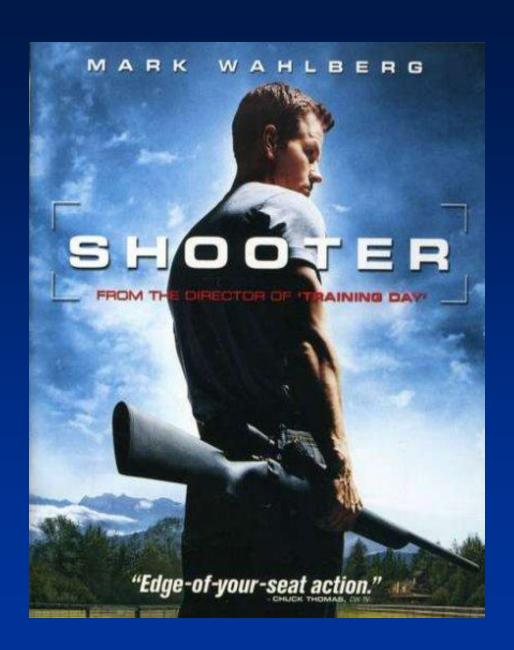




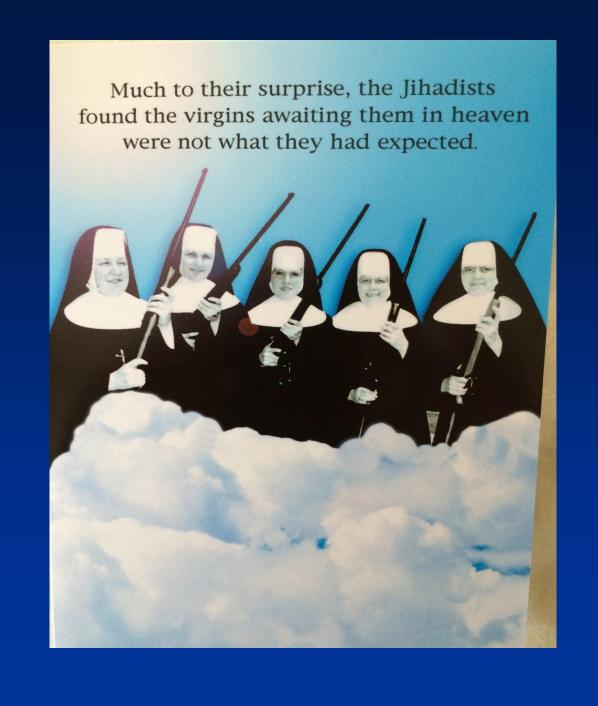
## Rick McIntyre, wolf researcher

- "The main characteristic of an alpha male wolf is a quiet confidence, quiet selfassurance. You know what you need to do; you know what's best for your pack. You lead by example. You're very comfortable with that. You have a calming effect."
  - New York Times, June 6, 2015, p. A19

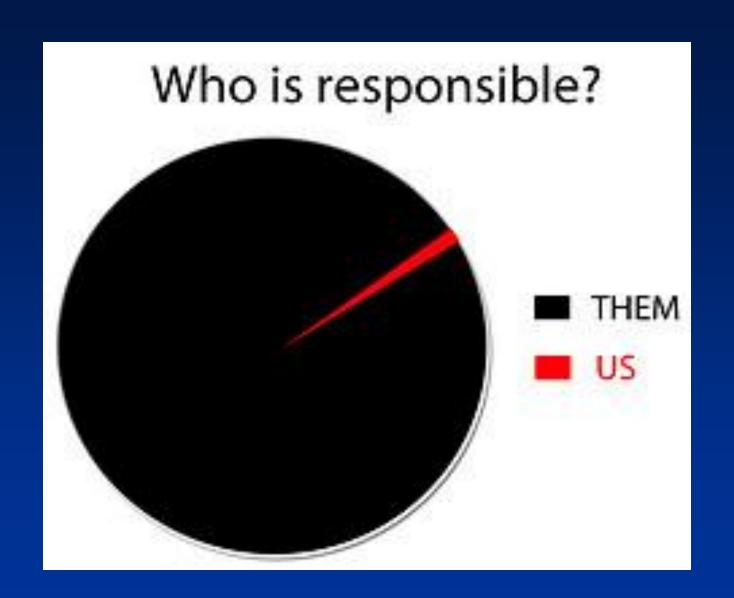
- Let's consider not using the terms "lone wolf" or "school shooter"
- Do you want to help the likes of James Holmes and Dzhokahr Tsarnaev strike a cool pose?



- Let's call it what it is:
  - An act of lone terrorism
  - An act of mass murder



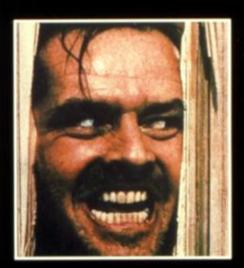
 Mental illness is one ingredient in many factors that increase risk for targeted violence, but a very small piece of the pie.



- Psychopaths walk the earth.
  - "Intraspecies predators"
  - Evolutionarily adapted for predation
  - Account for the largest proportion of explainable variable in violence risk
  - --Usually are the most disturbing subjects of concern in threat assessment



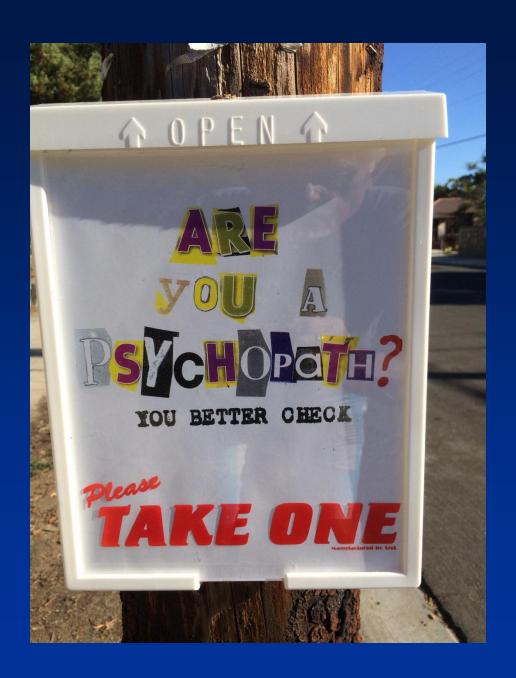




- "There are no saints in the animal kingdom, only breakfast and dinner."
  - Billy Bob Thornton, "Fargo," May, 2014







- Targeted violence is a rare event, and cannot be predicted
  - Yet, unless the probability of an event is zero, it will eventually occur

- Population-based epidemiological studies are of little use in predicting rare events.
  - 1 out of 10,000 people commit homicide.
  - We apply a risk prediction instrument that is 90% accurate
  - Even though most offenders will be correctly predicted, we will be wrong 9,473 times for every time we are correct
  - This is the Number Needed to Detain (Singh, 2013)

#### Black Swan Events Do Occur

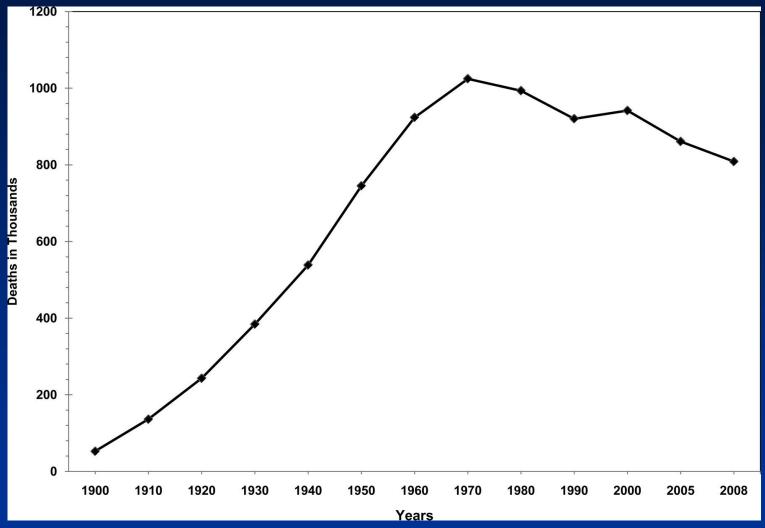


- Unpredictable
- Catastrophic

#### Prevention does not require prediction

- Can your cardiologist predict who will have a heart attack?
- Can your cardiologist manage risk factors associated with a heart attack?

#### Deaths attributable to cardiovascular disease (United States: 1900–2008).







- Watch your cognitive biases
  - Confirmatory
  - Availability
  - Predictable world (hindsight and foresight bias)

- Beware of inductive reasoning
  - Moving from the particular to the general:
  - "I have done two stalking cases and they were both psychopaths, therefore all stalkers are psychopaths."

- Social Media Investigation (SMI) is critical to threat assessment and management
  - Emails
  - Blogging
  - Listservs
  - Twitter
  - Facebook
  - Tumblr
  - Instagram
  - Snapchat
  - Etc.

# SOCIAL MEDIA EXPLAINED

TWITTER I'M EATING A # DONUT

FACEBOOK I LIKE DONUTS

FOUL SQUEE THIS IS WHERE FOR DONUTS

INSTAGRAM HERE'S A VINTAGE PHOTO OF MY PONUT

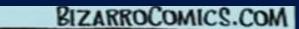
YOU TUBE HERE I AM EATING A DON'T

LINKED N MY SKIUS INCLUDE DONUT BATING

PINTEREST HERE'S A PONUT RECIPE

LAST FM NOW LISTENING TO "DON VITS"

ST I'M A GOOGLE EMPLOYER WHO EATS DONUTS.

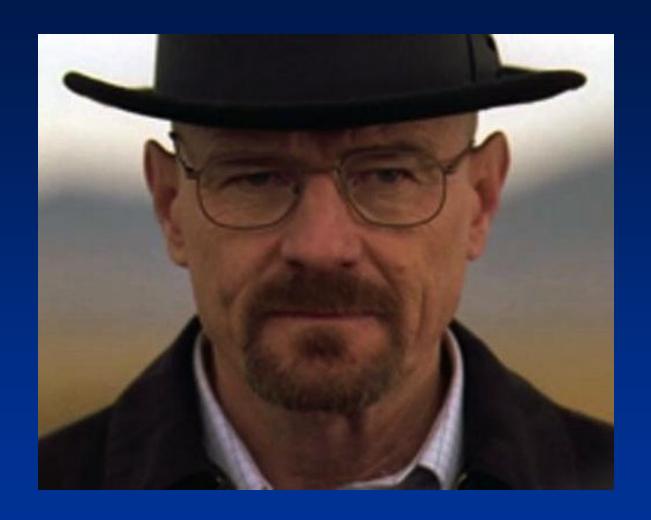


Do you mind if I strap your phone to my forehead so I can pretend you're looking at me when I talk?



- We need Occam's Razor
  - Among competing hypotheses, the one with the fewest assumptions is better.
    - 9/11 was a Jewish conspiracy orchestrated by the Zionist Operated Government (ZOG) to start a war against Islam, and also involved plotting by the CIA
    - 9/11 was a terrorist attack by Al Qaeda

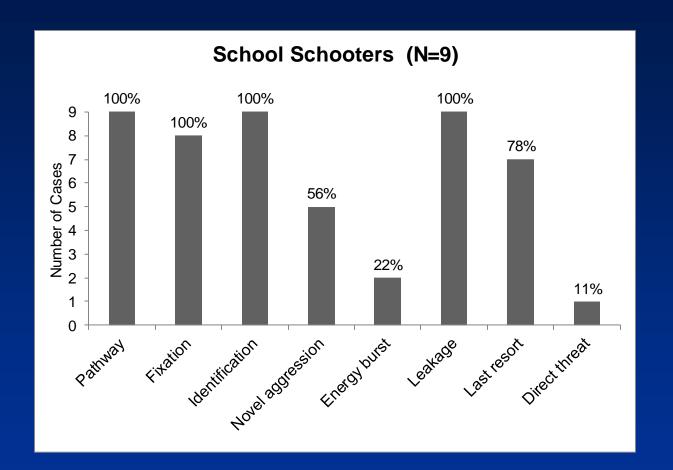
- We remember the Heisenberg uncertainty principle and try to be comfortable with it
  - There is a fundamental limit as to the precision with which we can know something
  - Walter White is Heisenberg

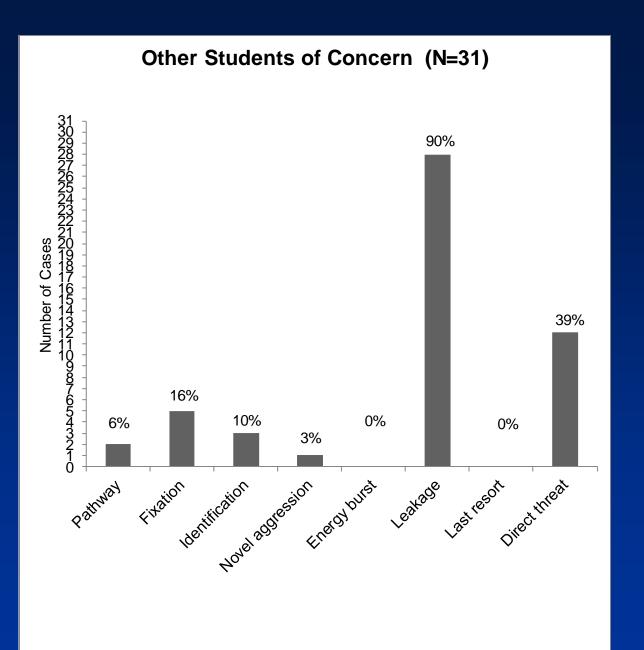


- We are wary of the observer (Hawthorne) effect
  - People change their behavior when they know they are being observed.
  - When do we interview or not?
  - How aggressive should our risk management be?

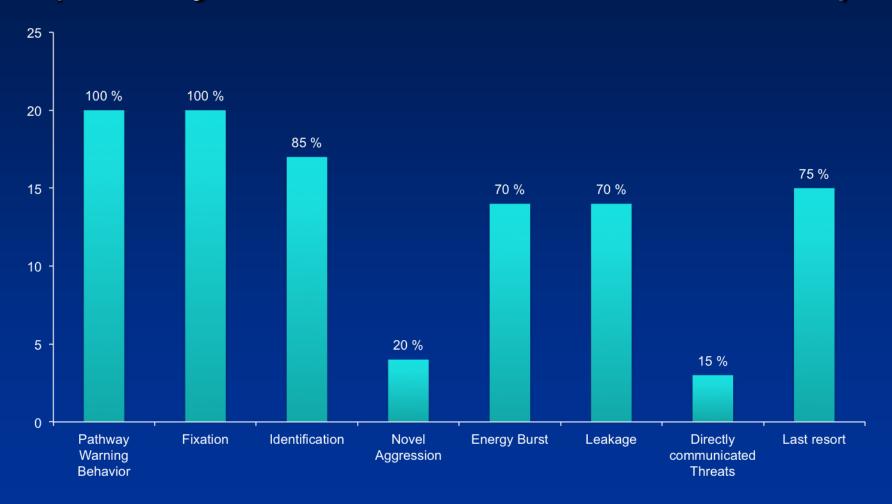
 Directly communicated threats are on the stage of threat assessment, but usually do not have the leading role

- Leakage occurs during the pathway toward violence in the majority of cases
- However, most leaks will be false positive





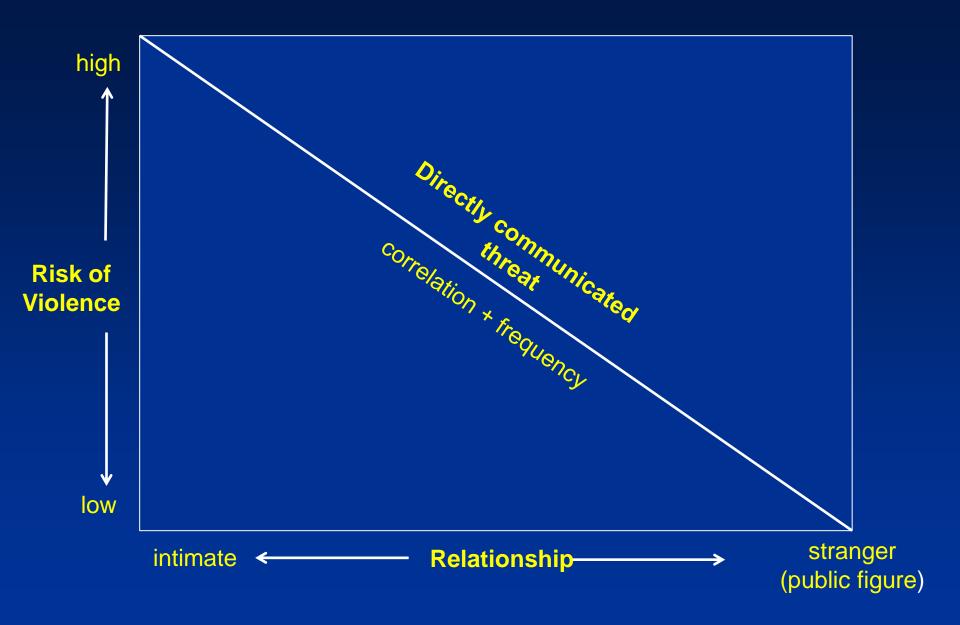
# European Lone Terrorists n=22 (Meloy et al., submitted, JTAM)



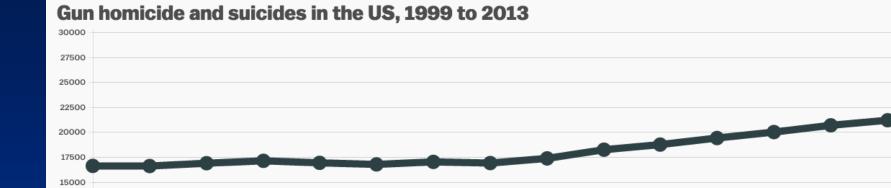
- Posing a threat is more important than making a threat (Fein & Vossekuil)
  - Thinking
  - Feeling
  - Behavior

### However,

- The "intimacy effect" has some scientific validation
  - The closer the relationship between victim and perpetrator, the more a direct threat is predictive of violence



 Suicide risk positively correlates with homicide risk





Gun homicides

Gun suicides

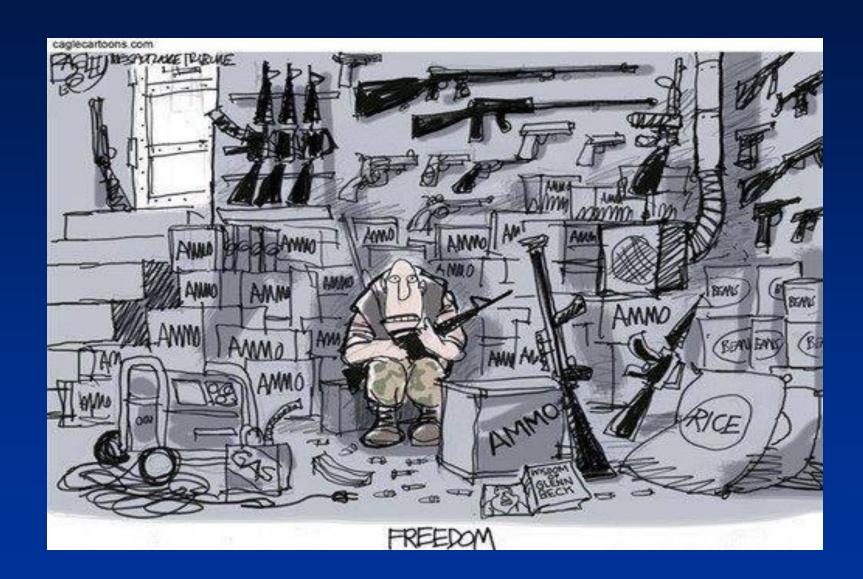
 Psychosis does not necessarily disorganize behavior

# 18 dead, 83 injured



#### Firearms: What do we know?

- Weak predictor of violence in general
- Strong predictor of lethality risk if possessed by a person of concern



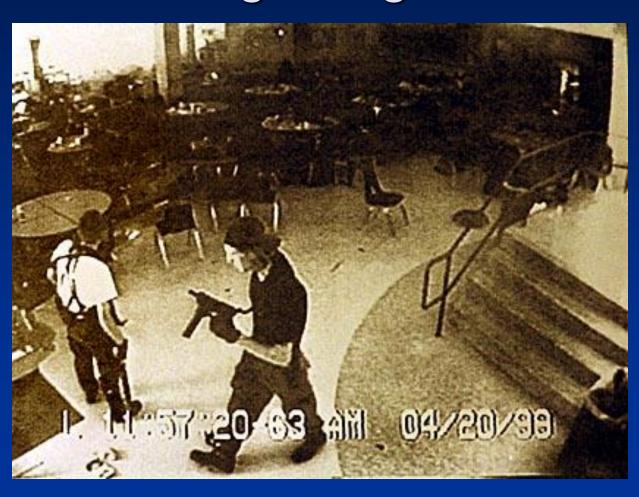
# Supporting the Second Amendment

- Register all firearms and their sale
- Regulate to keep firearms away from felons, the mentally ill, and others who are at greater risk to misuse them
- Require competency in their use and safe keeping

Cultural scripts are important



# Columbine was a cultural script leading to an international copycat effect beginning in 1999



 The science of threat assessment, and particularly threat management, is just beginning.

## **Our Strengths**

- Our emphasis on multi-disciplinary teams
- Our growth through networking, organizations, a science journal, newsletters, conferences, and meetings
- Our attention to certification, best practices, standards of practice, and scientific foundation
- Our ATAP Code of Ethical Conduct

#### Our Vulnerabilities

- Our science (we strive for evidence-based practice)
- The lack of understanding of TATM among professionals outside our specialty, including most mental health professionals, law enforcement professionals, and courts

#### **Our Vulnerabilities**

- Our lack of formal study of threat management and what actually works
- Our definitions of terms
- Our credentialing for skills, knowledge, and experience to do TATM: is our testing reliable and valid?
- Our lack of clarity and measurement of outcomes

#### **Our Future**

- Build the science of threat assessment and threat management
- Disseminate to practitioners within all disciplines in clear and direct language
- Teach TATM whenever there is a teaching moment
- Define our outcomes
- Recognize this historical moment for TATM



I hope I die during an inservice because the transition between life and

death would be so subtle.

# Acknowledgements

- MJ Meloy
- Steve White
- Kris Mohandie
- Jolee Brunton
- Jim Cawood
- Ron Tunkel
- Andre Simons
- Mary Hamilton

- Michele Pathe
- Gene Deisinger
- Kris Kienlen
- Laura Guy
- Jens Hoffmann
- Bram van der Meer
- Troy McEwan
- Julie Herrmann

# www.sandyhookpromise.org

# Thank you very much!

• www.DrReidMeloy.com